

dedicated

TO OUR
patients

We empower patients and are dedicated to helping restore active lifestyles.

Each patient is unique so our goal is to get to know you as a partner in your care. Upon consultation, personal situations and shared decision-making provide the foundation for our relationship. We begin with a comprehensive physical examination using the most advanced imaging technology available. That enables us to provide you with an accurate diagnosis. We will then develop an individualized treatment plan to relieve your discomfort and restore function while minimizing any possible risks.

We are committed to making your treatment as easy on you as possible. Most of the services you will need are handled on-site, with access to the most sophisticated technology to provide you with the best care available.



about

J. Jay
Guth, MD

BOARD-CERTIFIED,
FELLOWSHIP-TRAINED
ORTHOPAEDIC SURGEON



Dr. Guth specializes in the treatment of a variety of orthopaedic conditions and performs several orthopaedic procedures including:

- ▶ Total hip reconstruction / replacement
- ▶ Total knee reconstruction / replacement
- ▶ Total shoulder reconstruction / replacement
- ▶ Arthroscopy
- ▶ Sports medicine
- ▶ Fracture care
- ▶ General orthopaedics

DOCTOR GUTH

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140 Hill Street Suite B, Bucyrus, OH 44820
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guide FOR OUR
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Providing Comprehensive Orthopaedic Care



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highly specialized CARE for common orthopaedic problems



Total Joint Replacement

Total joint replacement is a surgical procedure in which certain parts of an arthritic or damaged joint are removed and replaced with an artificial joint, which is designed to move just like a healthy joint.

Total joint replacements of the hip, knee, and shoulder have been performed since the 1960s. Today, these procedures have been found to result in significant restoration of function and reduction of pain in 90% to 95% of patients. While the expected life of conventional joint replacements is difficult to estimate, it is not unlimited. The availability of advanced materials, such as titanium and ceramic prostheses and new plastic joint liners, provides orthopaedic surgeons with options that may help to increase the longevity of the prosthesis.

The success of your joint replacement will strongly depend on how well you follow your orthopaedic surgeon's instructions. As time passes, you will potentially experience a dramatic reduction in joint pain and a significant improvement in your ability to participate in daily activities.

Arthroscopy and Sports Medicine

Arthroscopy is a surgical procedure used to visualize, diagnose and treat problems inside a joint. Arthroscopic surgery allows orthopaedic procedures to be performed through small incisions. This results in quicker recovery and less trauma to the surrounding tissues.

Consult your doctor regarding considerations before surgery, rehabilitation after surgery, and expectations for surgery. It is important to begin planning for your return home from the hospital before your surgical procedure. Your surgeon may suggest tips to prepare your home for after surgery. For example, get an apron or belt with pockets to carry things while you are on crutches, buy or borrow a cordless phone, remove scatter rugs and other obstacles, safe transport using crutches, have high chair and commode accessories available. Above all, during this time, treat yourself well, eat balanced meals, get plenty of rest, and if requested by your surgeon, donate your own blood in advance so it can be transfused during and after surgery.

Fracture Care and General Orthopaedics

Fractures may be treated either non-operatively or they may require operative fixation. The goal is to provide an environment that allows the bone to heal and restore normal function.

Usually, you will know immediately if you have broken a bone. You may hear a snap or cracking sound. The area around the fracture will be tender and swollen. A limb may be deformed, or a part of the bone may puncture through the skin.

Doctors usually use an X-ray to verify the diagnosis. Stress fractures are more difficult to diagnose, because they may not immediately appear on an X-ray; however, there may be pain, tenderness and mild swelling.

CONTACT: To reserve your appointment with Dr. Guth, please call our office at (419) 562-5281. We look forward to seeing you.

